**Illuminating Lives**

**Pamela A. Erwin, Rev., RN, BSN, MS Counseling/Psychology**

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**EDUCATION**

The Science of Mentalphysics Instructor and Reverend for the Lineage of Dr. Edwin J. Dingle’s Original Tibetan Breathwork, Active RN Consultant in CA and PA, Certified Pranic Healing Instructor/Practitioner, CLNC – Legal Nurse Consulting Certification (National), M.S.Counseling/Psychology – Gannon University, Erie, Pa. with scholastic honors

B. S. Nursing - Edinboro University, Edinboro, Pa.

 **SUMMARY**

A professional nurse/therapist/consultant/manager/educator with over 35 years of increasingly responsible positions in health care, education, integrative health, community development and management. Clinical expertise and experience in the following fields include: Pediatrics/Adolescents, Emergency/Trauma, Neurological Unit, Cardiac Intensive Care, Post-Op Recovery, Infection Control, Pre-Natal/ Labor/Delivery/Nursery, Home Health Care/Case Management, Medical/Surgical, Neonatal Intensive Care Unit, ***Nurse Manager of Geriatric Psychiatric – Inpatient and Home Health, Adolescents and children with severe neurological/behavior problems.*** Other major strengths include:

* Project Management, Education and Training, Personal Growth Training, Supervision and Administration, Negotiations, Planning and Organizing, Creative Problem Solving, Specializing in Integrative Health Care

 **PROFESSIONAL EXPERIENCE**

**IlluminatingLives Perkasie, Pa. June 2016 – Present 2020**

**CEO Erie, Pa. Jan. 2011 – May 2016**

* **Offering DLM Scientific and Spiritual Original Tibetan Breathwork via Zoom classes & Home Study: Introductory, Initiate, Inner Chamber & Preceptor.**
* **Designed, directed and produced a Series of 3 DVDs for The Original Tibetan Breathwork – first of its kind.**
* Created and managed weekly volunteer and mentorship clinics at the **Holistic Health Center in The Glenwood YMCA, Erie., Inner Source**, **The Erie Veteran’s Medical Center Women’s Division** and **Nurturance** for Pranic Healing/Applications, Sacred Toning/Chanting, 80/20 Alkaline/Acid Theory and The Original Ding Lei Mei Tibetan Breath Work integrative approaches for Pain Mtg for Military Personnel and Veterans, Cancer patients and Survivors, and Health-Related Behaviors.

Provided numerous seminars at The Ambassador Conference Center for professional (and non-professional) CEU’s in Pranic Healing 1. Hosted Dr. Mary Clark, Ph.D. for further Advanced Courses in Pranic Healing. Also provided PH seminars in CA.

**IlluminatingLives Desert Hot Springs, CA.**

**CEO**  **Sept. 2007 - Jan. 2011**

* Creating and managing programs internationally and for East and West coast businesses/ private groups/individuals related to Life Transformational and Business Energy work: Integrated Pranic Healing, Meditation, Tibetan Breathwork, 80/20 Alkaline/20/Acid Food Based Theory within the internationally known **We Care Spa** in Desert Hot Springs, Ca. Clinical results show early enhanced individual vitality, creativity, productivity and improved Lab/CAT/X-ray values.
* Specializing in: Stress Mgmt, ***Specialized Energy/Counseling/Nutritional approaches*** for PTSD, Autism, Addictions, ADHD, Rape, Anxiety, Depression, Parkinson's, Cancer/Medical Issues, strokes, accident victims, 80Alkaline 20Acid Nutrition, Prevention.
* Assisting clients and families during the final stages of debilitating disease processes for peaceful, loving and decreased pain level transitioning. Focusing on helping clients integrate science, spirituality, responsibility, self-awareness, community service and energy/breathwork into their everyday life.
* Created a DVD – **In The Light with Rami** - for transformational guided meditation and stress relaxation.

 **Pamela A. Erwin & Associates** **Palm Desert, CA. CEO Jan. 2001 – Jan. 2007**

* As a ***certified legal nurse consultant and life care planner***, providing professional experience, and leadership to help attorneys and hospitals develop medically related cases effectively. (Testifying as an expert witness in my fields and/or assisting attorneys behind the scenes as a consulting expert) **Responsible as Certified Legal Nurse Consultant and Life Care Planner for multiple attorneys/cases including an accident case that settled for 30.2 million dollars in the Indio Courts of California 2004-5.**
* Developing and integrating Pranic Healing within the professional nurse consultant roles and at the international We Care Spa in Desert Hot Springs, CA.

Responsible as ***Lead Nurse Planner for the development of ANCC criteria for National Certification for Continuing Education for Nurses for the Annenberg Center for Health Sciences at Eisenhower.*** This project was awarded full accreditation with no limitations by the ANCC. Developed projects for professional development at Eisenhower Medical Center.

**BRIGHTER HORIZONS Edinboro, Pa.**

**Director of Professional Services Jan. 1999 – Jan. 2000**

* Responsible for developing new business as well as managing and improving existing programs for a long-term female adolescent treatment facility in a unique organic farm setting in rural Pennsylvania. Collaborated and reported to CEO.
* **Accomplished successful JCAHO accreditation (first for facility)**
* **Enhanced staff and client understanding of mental/medical disorders and development of individualized treatment/recovery plans.**

**METRO HEALTH CENTER**  **Erie, Pa.**

**Nurse Manager for Geriatric Psychiatric Inpatient Unit Jan. 1998 – Sept. 1998**

* Responsible for “start up” management for new geriatric psychiatric inpatient program. Hired and educated nursing, support staff for unit…medical and psychiatric. Provided educational in-services for community. Provided and educated clinical psychiatric expertise for admission and ongoing assessment of geriatric clients. **Accomplished successful JCAHO accreditation**.
* **Educated and trained staff for new geriatric program.**
* **Developed and maintained excellence in communication with physicians, families, staff and community**.

**FIRST AMERICAN HOME HEALTH AGENCY** **Erie, Pa.**

**Mental Health/Medical Case Manager** **1994-1997**

* Responsible for development and maintenance of mental health program and clients. Assessed and evaluated patients’ mental health status and caregiver’s ability to provide safe care. Supervised staff providing care for families.
* Established first successful mental health/geriatric home health program in community.
* Educated staff and families on psychotropic medications, extra pyramidal reactions, mental health disorders, and support services.

**MILLCREEK COMMUNITY HOSPITAL Erie, Pa.**

**Maternal-Child Nurse Manager/Infection Control 1990-1994**

* Developed and managed team effort in construction and completion of LDRP Units.
* Responsible for day-to-day operations of Maternity Unit, budgeting, productivity, and coordinating medical management issues with changeover to LDRP concept and ongoing educational needs.
* Accomplished successful JCAHO approval for new program.
* Implemented programs to develop increased nurturing and coping skills for parents and their children – including infant massage.

**EDUCATIONAL PROGRAMS**

**“LIGHTEN UP” Program** – Developed and instructed to promote self-understanding and self-awareness in order to bridge communication gaps and enhance well-being. This program was utilized in a variety of settings within the community with positive results: Grandview Elementary School, St. Matthew’s Lutheran School, Tri-County Intermediate Units-week long seminar for teachers, LEHEC-VA Educational System, Millcreek Community Hospital for staff, managers, and residents (MD’s and Interns), Edinboro University’s Early Childhood Conference –1990, Infant Massage program developed from Master’s Thesis. Implemented this program for MCH clients and per MD pediatrician referrals.